Allergens and Ingredients

Restaurant Starters Menu DELI FUEGO

STARTERS





Vegetarian



Vegan



No gluten-containing ingredients



spicy

GARLIC BREAD WITH TOMATO

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
V	(Wheat)					(Butter milk)		V			$\overline{\checkmark}$	d	

GARLIC BREAD WITH MOZZARELLA

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
V	(Wheat)					(Butter milk)		$\overline{\checkmark}$			V	V	

CHEF'S SALAD

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
	(Barley)			V		\square							E224 (Potassium metabisulphite E150d sulphite ammonia caramel)

MARRIAGE [Soup of the day - specials; ingredients change daily - speak to chef]

NOUJOUM EL HUMMUS

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
	(Wheat)										Ø		E224 (Potassium metabisulphite)

Completed By: Cynthia Date Completed: 16 Sept 2020 Reviewed: every time an ingredient, recipe or menu changes

FUNGHI CON PANNA

Се	lery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
E	☑	(Wheat)	$\overline{\checkmark}$	V			V						1	

ARABIAN NIGHTS	V	VEGAN
AIVADIAIN INIGITIO	v	

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
V	(Wheat)							$\overline{\checkmark}$	V			1	

CALAMARI FRITTI

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
	(Wheat)	\checkmark	$\overline{\checkmark}$	V			Ø	Ø				I	(E150d sulphite ammonia caramel)

CHICKEN WINGS

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
V	(Gluten, Wheat, Mustard Flour)		V	V		$\overline{\mathbf{V}}$			$\overline{\mathbf{V}}$		V	V	V

FILETTI DE POLLO FRITTI

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
	(Wheat)		Ø			V							

WARAK EINEB [contains none of the 14 declared allergens]

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite



Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
	(wheat)												(E224 potassium metabisulphite)

MIXED MIZZA [from specials board; ingredients change daily – speak to chef]

BABA GANOUS V

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
V	(Wheat)					Ø		V	V		V		(E224 potassium metabisulphite)

TZATZIKI✓

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
V	(wheat)					$\overline{\mathbf{Q}}$		$\overline{\checkmark}$			$\overline{\checkmark}$		

FALAFEL V VEGAN

Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
V	(Wheat)							V	V		$\overline{\checkmark}$		

HALLOUMI✓

Celo	ry Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide/ Sulphite
						$\overline{\checkmark}$							